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AUTOBIOGRAPHY

Personal Information:

Full Name: _____ Date of Birth: _____
Address: _____ Her Cell: _____
_____ His Cell: _____
Home Phone: _____ His Work Phone: _____
Email Address: _____ Her Work Phone: _____

Motivation to Adopt:

Tell the story that led to your decision to adopt. _____

How have you prepared yourself for adoptive parenthood? _____

How will family and friends react to your decision to adopt? _____

How do you plan to discuss adoption with your child? _____

What are your feelings toward birth parents? _____

What are your feelings if your child chooses to search for his/her birth parents? _____

If you have children, what is their response to the decision to adopt? _____

Description of Self:

Height: _____ Weight: _____ Color of Hair: _____

Color of Eyes: _____ Complexion: _____ National Origin: _____

Describe your personality (outgoing, shy, organized, easygoing, rigid, etc.)? _____

What is your greatest strengths? _____

What is your greatest weaknesses? _____

Have you ever been treated for an emotional or mental illness? _____

Describe: _____

Have you every received counseling? _____ Describe: _____

What do you enjoy doing in your free time (Hobbies/Interests)? _____

Education:

Highest Grade Completed: _____ High School Graduate: _____

GED: _____ Name of High School: _____

Name of Technical School: _____

Name of College: _____

Degrees and Years earned: _____

Employment History:

Place of employment: _____ Job Title: _____

Length of Employment: _____

Previous Places of Employment: _____

What do you like and dislike about your job? What are your future goals? _____

Have you ever served in the military? _____ What branch? _____

Were you honorably discharge? _____ Date: _____

Family Information and Childhood:

Name of Father: _____ Occupation as a Child: _____

Description of personality when you were a child: _____

What fond memories do you have with your father as a child? _____

Name of Mother: _____ Occupation as a Child: _____

Description of personality as a child: _____

What fond memories do you have with our mother as a child? _____

If you have a stepparent(s), describe your relationship as a child and today. _____

Who administered discipline in your family? _____

What was the usual form of discipline? _____

Did your parents agree on the method of discipline? _____

What were the most important values your parents tried to teach? _____

What is your relationship with your parents today? _____

What is your parent's relationship with each other today? _____

Where do they now reside? _____

How often do you visit/communicate with parents? _____

List each of your brother and sisters including: their age, occupation, place of residence, employment, marital status, children, and health status. What was your relationship with each while growing up? What is your relationship today? Who were you closest to then and who are you closest to now? How often do you see them? Are they supportive of your decision to adopt? _____

What were some of the happiest times in your life? _____

What were some of the saddest times in your life and how did you cope? _____

Courtship and Marriage:

If you were married before, please provide the name of your former spouse, the dates of your marriage and divorce and the circumstances of your divorce. _____

How did you and your spouse meet? _____

How long did you date before marrying? _____ Date of Marriage: _____

What attracted you to your spouse? _____

What are your spouse's strengths? _____

What are your spouse's weaknesses? _____

How are decisions made in your family? _____

Who handles finances? _____

What do you most frequently argue over? _____

How are disagreements resolved? _____

How are household duties divided? _____

What do you like to do as a couple? _____

Describe your relationship with your in-laws. _____

Children:

Name: _____ DOB: _____

School grade: _____ Height: _____ Weight: _____

Complexion: _____ Eye color: _____ Hair Color: _____

Description of Personality: _____

List outside activities the in which the child is involved. _____

List other children on the back of this page or on another sheet.

If no children describe any previous parenting experience: _____

Home and Community:

Type of Construction: _____ Square Feet: _____ Lot Size: _____

Number of Bedrooms: _____ Number of baths: _____

List all other rooms in the house: _____

Population of City: _____ Major Source of Employment: _____

What schools will your child attend? _____

Where is the closest hospital? _____

Describe any pets you have. _____

Do you own any weapons? _____ How are they secured? _____

List safety features in the home. (fire extinguisher, smoke detectors, security systems etc)

Coping Abilities:

Describe a particular crisis since your marriage or adult life. What effect did it have on you personally and on your marriage? How did you cope with the crisis as an individual and couple? _____

Have you ever been treated for a mental health diagnosis, including depression/anxiety? If so, please describe circumstances and provide date of diagnosis and treatment. _____

Religion:

Do you attend church:

Regularly _____ Occasionally _____ Not at All _____

Name of Church you attend: _____

Do you feel that your involvement in church is

Very important _____ Somewhat important _____ Not important _____

Adoption/Parenting Issues:

What are your childcare plans for a child placed with you? _____

Do you have a will? _____

In the event of your untimely deaths, whom have you asked to be your child's guardian? How do they feel about the responsibility? _____

How have you prepared/educated yourself for adoption? _____

What type of relationship do you hope to have with the birth family pre-birth and post-birth? _____

What values do you hope to teach your child? _____

Describe your (anticipated) approach to parenting? _____

How do you plan to discipline your child? _____

Do you agree on discipline methods? _____

If adopting a child of race or ethnicity, how will family, friends and community accept the child? _____

What plans do you have to teach child about his/her heritage? _____

How/when do you plan to talk to your children about his/her adoption story? _____

Criminal History:

Have you ever been arrested? _____ If "yes", list arrests and details: _____

Have you ever been accused of: Child Abuse? _____ Sexual Abuse? _____

Substance Abuse? _____ Domestic Violence? _____. If yes, provide details on back.

